AFTERCARE ADVICE & INSTRUCTIONS FOR PLASMA PEN

Please ensure that you follow the advice given below. If you have any concerns after your treatment, if you do not understand something or if you have additional questions then please do not hesitate to contact your clinic/technician on:

Tel:

Following your Plasma Pen procedure there may be some mild to moderate swelling to the area(s) treated. This is normal. An ice pack, covered with a clean cloth, should be applied at frequent intervals to help ease the swelling and draw the heat out of the skin.

Tiny crusts will quickly form on the treated area. These may be visible for up to about a week. Do not pick them off as this will delay the healing process. When the crusts have fallen off your skin may be a little pink. You can now apply your normal foundation/make up. Avoid using skincare that contains Glycolic or other active exfoliating ingredients, this WILL cause irritation. YOU MUST APPLY AN SPF 50+ while your skin is in the healing stages (pink in colour)

You may experience a “stinging” sensation in the treated area(s) after treatment. This is normal and is simply the heat exiting the skin.

It is normal for the area that has been treated to feel tight and dry.

Do not apply any lotions or creams unless your practitioner has advised you to do so. Do not use any lotions or creams that contain perfume or alcohol. The area(s) should be kept dry and free from oil to help the crusts form and fall off of the skin naturally. Do not rub or abrade the area(s) or use exfoliating products. This may result in scarring and or pigmentation.

If you have received treatment to your eyes it is important that you sleep slightly elevated for up to 7 days. This will greatly reduce swelling. If the treated area is swollen apply ice packs covered with a clean cloth. Do not apply ice directly onto the skin as this will cause damage to the tissue.

We advise that you do not stand with your face under a hot shower for the first 3 to 4 days. This can increase any swelling. Try to avoid shower gels or hair products running on to your face. This can cause irritation and inflammation. Rinse thoroughly with tepid water if products do come into contact with the area(s) treated and gently pat dry.

DO NOT use saunas or sunbeds. Avoid the midday sun. The area(s) treated have produced brand new skin and it may burn / pigment without adequate protection. Facial treatments should be avoided whilst your skin is healing.

The area(s) treated can be cleansed daily with tepid water, baby shampoo and a soft, lint free cloth. You are only removing the excess oil and do not need to thoroughly cleanse the treated skin. Do not be tempted to rub the area to aid the removal of the crusts. Pat dry with a clean tissue.

Should it be necessary then mineral make up can be applied from the day of your procedure. It is imperative that you apply an SPF 50 once the crusts have fallen off the skin. Do not apply your SPF while the crusts are still visible as this will moisten the skin and the crusts will fall off prematurely. The skin should be allowed to heal naturally under the crusts.

Any additional treatments that may be required can be performed once the skin is completely healed and has returned back to its normal colour. This may take up to 8 - 12 weeks. Please note that if you require a longer period of time between treatments, the delay will not alter the outcome/results.